Cardinal Criminal Justice Academy
LEBA Basic Course Schedule

Date: October 13 – October 17, 2008 **Week:** 1 of 1

	Monday	Tuesday	Wednesday	Thursday	Friday
0800 hrs.	Introduction, Course Review D. Scott, Staff	Legal Issues	Bike Officer Safety D. Scott, Staff	**(1400 – 1800)** High Speed Skills/Stairs	Firearms
0900 hrs.	Cycling Injuries D. Scott, Staff	D. Scott, Staff	Slow Speed Drills		
1000 hrs.	Bike Physical Fitness D. Scott, Staff	Accident Prevention D. Scott, Staff			
1100 hrs.	Effective Cycling D. Scott, Staff	Bicycle Safety Courses D. Scott, Staff	D. Scott, Staff	D. Scott, Staff	D. Scott, Staff
1200 hrs.	Lunch	Lunch	Lunch		Lunch
1300 hrs.	Gears, Cadence & Bike Fitting D. Scott, Staff	Bicycle Maintenance	**Off-Road Ride** Hill Descent/Ascent Skills	**(1900 – 2300)** Crossover Dismounts/Tactics/Traffic Stops **Night Ride**	**Harborwood Fitness Ride**
1400 hrs.	Bike Inspection/Training Ride Protocol D. Scott, Staff	D. Scott, Staff			
1500 hrs.	**Civic Center Group Ride**	**Training Ride**			D. Scott, Staff
1600 hrs.	D. Scott, Staff	D. Scott, Staff	All Staff	All Staff	Written Examination Course Critique
	Assistants 1500 – 1700 G. Moore, Staff A. Simpkins, RCPD	Assistants 1500 – 1700 G. Moore, Staff A. Simpkins, RCPD	Assistant 0900 – 1700 G. Moore, Staff	Assistant 1400 – 2300 G. Moore, Staff	Assistant 0800 – 2300 G. Moore, Staff
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