



# TRAINING ANNOUNCEMENT

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Announcement

July 28, 2010

**Course Title:** Advanced Defensive Tactics and Edged Weapons Defense

**Date:** September 2, 2010

**Time:** 0800 – 1500 hrs.

**Course Description:**

This training will focus on advanced ground fighting techniques and edged weapon defense. This class will focus on weaponless techniques; this will benefit those working in a jail setting.

**Notice: Students should have no physical limitations, this class will be physically challenging.**

**Required Equipment:**

1. Jeans or BDU pants and a t-shirt, please bring shorts and an old t-shirt for ground fighting.
2. Duty gun belt (with no weapons or ammo), including handcuffs and key, belt keepers.

**Recommended For:** Any officer or deputy looking to enhance their proficiency in defensive tactics.

**In-service Credit:** 6 hours of career development

**Registration:** This course is open to member agency personnel only.  
Maximum class size is 12.

**Fee:** No fee.

**Please contact Cindy at Cardinal Criminal Justice Academy, 540-375-3095 or by email [csarver@cardinalacademy.org](mailto:csarver@cardinalacademy.org) to register.**